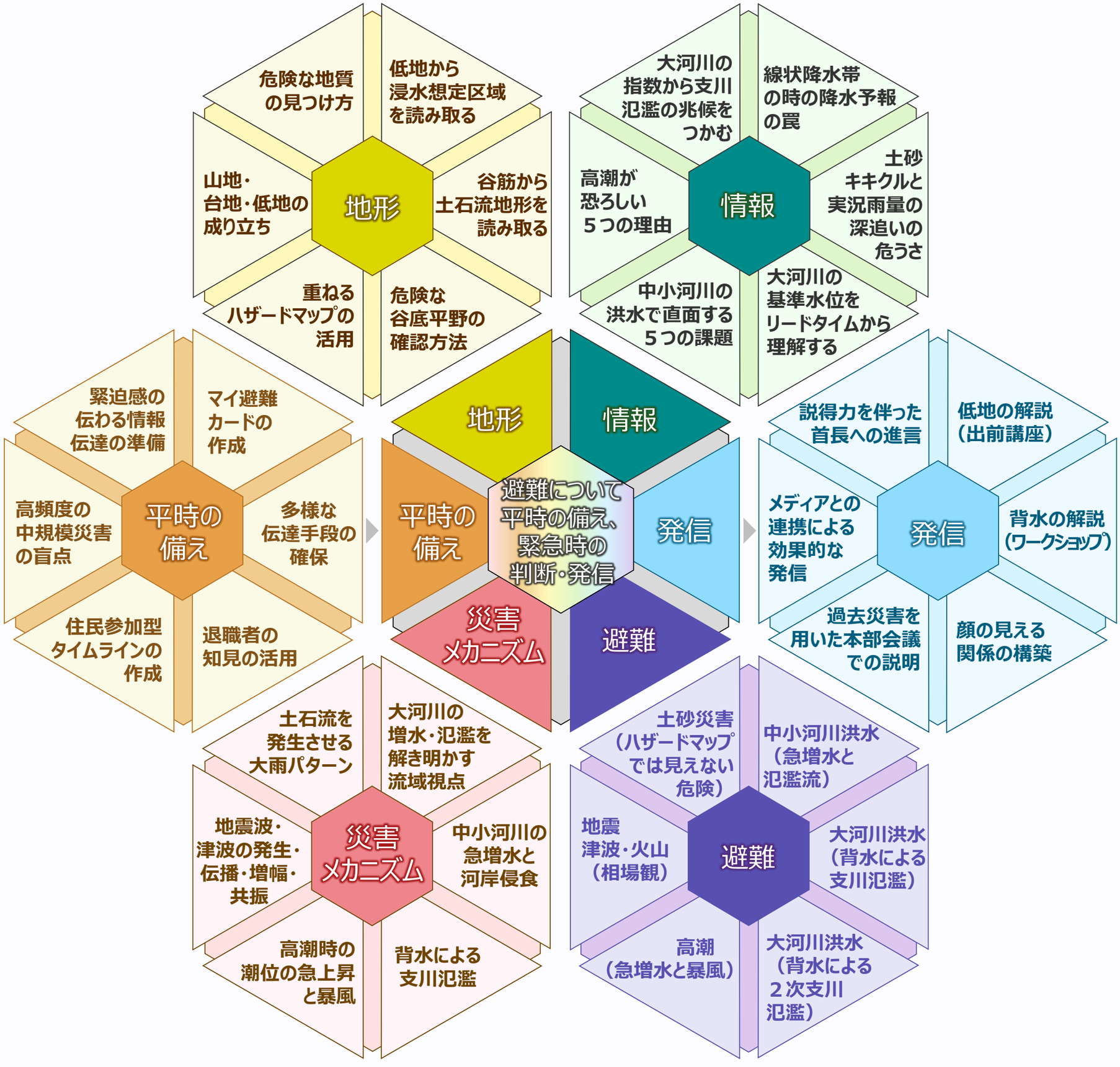令和４年度気象防災アドバイザー育成研修　習得した知識・技能・姿勢